

PLAYING RULES

- 1) Games are 27 Minutes long run time with a 2 min warm up. Game sheets must be filled in prior to game start time.
- 2) General rules of the CHA rulebook will be used with the following amendments:
- 3) Penalty shots accrued will be taken at the end of each game in order of players listed on the game sheet. If a team has **accumulated 5** or more penalties, **only the difference** in the number of shots will be taken by the team with the least penalties.
- 4) **NO BODY CONTACT** is allowed in any division and slap shots **are** allowed.
- 5) A face-off will start the game. At all other times when the puck leaves the playing surface, it shall be restarted immediately with possession given to the team that did not cause it to go out of play & at a spot near the stoppage but not in the offensive zone.
- 6) There will be no icings called, and the centre line is not used for off-side calls.
- 7) CSA approved helmets, facemasks and neck guards **MUST** be worn by all participants in all divisions.
- 8) After a goal is scored; when the goalie freezes the puck; or an offside at the blue line, the referee will blow his whistle indicating that the offensive players must clear the zone & tag up at the blue line simultaneously. They now become defensive players, and can re-enter the zone to pursue the puck. They **CANNOT** intentionally play the puck while it is still inside the zone & they haven't yet cleared to tag-up, or they will be assessed a "delay of game" penalty.

9) For any penalty, time will not be served in the penalty box. Instead, once the referee calls the penalty as usual (delayed whistle) when the offending team gains possession of the puck, the referee notifies the scorekeeper of the infraction which is recorded. The puck is then turned over to the non-offending team in the neutral or defensive zone, nearest to where play was stopped. Penalties are recorded and at the end of the game, shots are taken according to the order of the players listed on that game sheet. Shots will be taken simultaneously (unless there is only one referee).

10. If at any time the opposing team has a 5 goal lead, the team that is losing may add a 4th skater on the ice. If that 5 goal lead is no longer, you must revert back to 3 on 3 play.

Conditions:

Our league stresses SPORTSMANSHIP & FUN. Any player assessed a roughing penalty will be expelled from the game. Any player assessed a major or match penalty, a "checking from behind" penalty, or a misconduct for abuse of officials, will be expelled from the league with no refund, pending review by NMHA 3 on 3 Committee.

In addition to the above, any player assessed a fighting penalty will be expelled from the league with no refund. A player who receives consecutive roughing penalties will have their conduct reviewed and may face expulsion from the league. NMHA reserves the right to expel any player it feels violates the conditions stated above. Note: No carded junior players accepted.



**3 on 3 Summer
Hockey League 2019**

**August 6th –
August 29th, 2019**

**Nor-Del Arena
Norwich**

**NMHA Summer 3 on 3
Hockey League.**

<u>Divisions</u>	<u>Birth Year</u>
Novice	2011-2012
Atom	2009-2010
Pee wee	2007-2008
Bantam	2005-2006
Midget	2002-2004

Games will be Tuesday & Thursday evenings starting at 6pm and Sundays starting at 2 pm with the possibility of additional Fridays.

We reserve the right to amend the teams and schedule **at any time** to allow for balancing of the divisions and schedule.

Number of players per team and number of teams will be based on registration. NMHA reserves the right to combine divisions based on registration.

A waiver must be signed prior to play.

What does each participant get?

11 games over 4 weeks

A jersey to keep

This style of hockey *should* provide each player with more opportunities to handle, pass, and shoot the puck than in regular 5 or 4 aside hockey. Goaltenders can get much more action than usual, due to the opportunities created by so much open ice.

Cost: \$195 per player

Mail Cheque or Money Order payable to "Norwich Minor Hockey" to:

**NMHA 3 on 3
P O Box 467
Norwich, ON
NoJ 1Po**

Email:
glsimpson@execulink.com

**Cheques may be post dated
June 1st, 2019**

A \$25 fee will be charged to any NSF cheque as well as any player withdrawal after June 1st

www.norwichminorhockey.ca

REGISTRATION FORM

Birth year _____

LAST SEASON: Minor Hockey

Association: _____

Category: AAA, AA, A, B, C, D *circle one*

Player () Goalie ()

House () A/E -Select () Rep ()

GIRLS: ()

Rep () House League ()

Name _____

Telephone # _____

Address _____

City _____

Postal Code _____

Email: _____

() Parents: Please check if willing to coach a team or assist on the bench. Volunteers are needed at ALL levels.

SPECIAL REQUESTS:

Special requests are NOT guaranteed.

IMPORTANT!: Check appropriate level played last season. This allows us to evenly place players. NMHA will move players as it deems necessary in order to achieve even teams.